

The Arkansas Minority Health Commission's Mobile Health Unit (MHU) is a screening center on wheels. The MHU provides an avenue to double the Arkansas Minority Health Commission's preventive screenings by reaching people where they are in the state. The MHU provides preventive screenings, health education and allows an opportunity of coordination of care with the MHU coordinator.

Screenings include: blood pressure, cholesterol, blood sugar/glucose, A1C, HIV, height, weight, and BMI. The MHU coordinator follows up with participants who have abnormal results and shares county level resources for follow-up medical care. The MHU counts as one of its many partners, Arkansas Foodbanks statewide.

For more information, contact Cindy Arreola at [Cindy.Arreola@arkansas.gov](mailto:Cindy.Arreola@arkansas.gov) or 501.912.7402.

To schedule the unit, call 501.686.2720.

| Day      | Date      | Time     | Location                             | Address                | City        | County    | Inside/Outside |
|----------|-----------|----------|--------------------------------------|------------------------|-------------|-----------|----------------|
| Friday   | 5/5/2023  | 10a-1p   | Community Rescue Mission             | 310 North 'F' Street   | Fort Smith  | Sebastian | Inside         |
| Sunday   | 5/7/2023  | 10am-2pm | Spanish Seventh Day Adventist Church | 14017 Lawson Road      | Little Rock | Pulaski   | Outside        |
| Thursday | 5/11/2023 | 1pm-4pm  | The Cottages                         | 10434 West 36th Street | Little Rock | Pulaski   | Inside         |
| Friday   | 5/19/2023 | 9am-1pm  | Lonoke Community Center              | 107 W. Second Street   | Lonoke      | Lonoke    | Inside         |
| Saturday | 5/20/2023 |          | Hermitage Community Center           | 416 S. Hickory Street  | Hermitage   | Bradley   | Inside         |
| Tuesday  | 5/23/2023 | 11am-3pm | Camden Police Dept.                  | 1 Police Drive SW      | Camden      | Ouachita  | Outside        |

