



Child Health Advisory Committee

Minutes

June 15, 2023 · 9:00 a.m. – 10:42 a.m. · Zoom Only

Call to order: 9:06 a.m.

Zoom: Tammie Works, Lucas Harder, Loretta Alexander, Mitch Mathis, Carole Garner, Jennifer Wessel, Linda Morgan, Elaine Prewitt, Jerri Clark, Cheria McDonald, Ray Samaniego, Paula Rawls, Carmel Perry, Patrick Casey, Bala Simon, Josh Phelps **Absent:** Gary Williams, Shannon Borchert, Ashten Black, Dave Oberembt

Staff: Shy Whitley-Smith, ADH Coordinator Vacant

Guests: Ariel Rogers, Lisa Mundy, Amy Davidson

Review of April minutes: P. Rawls moved to approve the minutes as amended; Dr. Bala Simon seconded the motion; the motion passed.

Act 1220 & Coordinated School Health Reports

Act 1220 Coordinators:

School Health and Wellness Improvement Plan reviews in Indistar will rollover on Friday, June 16, 2023, at 3:00 p.m.

Coordinated School Health Advisor Report:

Summer trainings are being scheduled with schools and educational cooperatives.

Old Business

Recommendations for FY2024: The CHAC will review previous recommendations for appropriate recommendations to move forward in the rules process. They can be found under [CHAC Information, Recommendations.](#)

Year Recommendation	Number
2010	Recommendations appropriate for the rules process: <ul style="list-style-type: none"> • The Child Health Advisory Committee recommends that institutions of higher education reinstate separate degreed programs for health education and physical education. • The Child Health Advisory Committee recommends all public schools built after 2023* (2015) with a capacity of 350 or more students shall have a cafeteria (kitchen and dining facilities) specifically for that building. • The Child Health Advisory Committee recommends at minimum, schools shall provide students with 20 minutes of seated time for lunch consumption in a pleasant and healthy environment. • The Child Health Advisory Committee recommends schools experiment with schedules to improve access to physical activity such as recess before lunch. • The Child Health Advisory Committee recommends all public schools built after



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	<p>2023* (2015) shall have a designated physical education facility.</p> <ul style="list-style-type: none"> • The Child Health Advisory Committee recommends playgrounds, fields, gymnasiums, and other designated areas for physical activities shall conform to ADE regulations and recommendations by NASPE. • The Child Health Advisory Committee recommends all school a la carte lines offering entree items must also provide all necessary components to meet the requirements of a reimbursable meal. (Is this still applicable to today’s lunch service?) • The Child Health Advisory Committee recommends that teachers guide students in movement/physical activities for at least two minutes after every one hour of seated time. • The Child Health Advisory Committee recommends signage with positive health messages in prominent or high traffic locations (such as bathroom, vending machines in faculty area and faculty/staff lounge). <i>This is a recommendation only.</i> • The Child Health Advisory Committee recommends vending machines in faculty-staff area include at least 50% healthy choices. • The Child Health Advisory Committee recommends faculty/staff be given access to school facility opportunities to engage in physical activity during or immediately before or after the declared school day.
2018	
2019	
2020	

**the original recommendation was made in 2010; because this is being put forth again in 2023, the year was updated by CHAC staff.*

Meeting Time: The coordinator will send a poll to assess most appropriate meeting time and length. As well as if members would prefer in-person options.

New Business

The committee agreed to review the 2010 recommendations. L. Alexander suggested that we review each year’s recommendation per meeting instead of reviewing all previous year’s recommendations at once.

Meeting time: Discuss results of the poll at the next meeting and hold elections.

Member & Non-Member Updates/Announcements

Loretta Alexander (Arkansas Advocates for Children & Families): Retiring by the end of August 2023 and resign from CHAC and as co-chair.



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Adjourn: 10:42 a.m.

Next meeting: Thursday, July 20, 2023 from 9:00 a.m. – 11:00 a.m. Zoom Meeting
Only Join Zoom Meeting: <https://zoom.us/j/96682665672> Meeting ID: [966 8266 5672](https://zoom.us/j/96682665672) One tap mobile +13126266799,,96682665672# US (Chicago)