

DOSE OF REALITY

You may be surprised to learn that prescription opioid (or narcotic) abuse is a big problem in the state of Arkansas. You are not alone. That is why the Arkansas Department of Health, in conjunction with the Arkansas Department of Human Services and other partners across the state, is sharing a DOSE OF REALITY and working to prevent prescription painkiller abuse in Arkansas. When prescribed and used properly, prescription opioid painkillers can offer relief. However, anyone is at risk of becoming addicted, especially our young people ages 12-25.

Deaths and hospitalizations from overdoses are increasing, and we all need to work together and do something about it. The DOSE OF REALITY initiative will help in that effort. Learn how you can help do your part in preventing prescription painkiller abuse in Arkansas.

The DOSE OF REALITY is a grant-funded program aimed at ages 12-25, providing free educational training on the dangers of prescription opioid misuse, abuse, and overdoses in the state of Arkansas. This includes free educational material and one-hour training. If interested, please contact us at 501-671-1449.

Resources

- [Dose of Reality](#)
- [Arkansas Prescription Drug Monitoring Program](#)
- [Arkansas Drug Take Back](#)
- [Center for Disease Control and Prevention \(CDC\): Opioid Overdose](#)
- [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)
- [University of Arkansas for Medical Sciences AR Impact](#)
- [AR Connect](#)
- [Together Arkansas](#)

Data Links

- [2019 Annual Surveillance Report of Drug-Related Risks and Outcomes](#)
- [2020 National Drug Threat Assessment](#)
- [2021 Arkansas Prevention Needs Assessment Survey](#)
- [2019-2020 National Surveys on Drug Use and Health](#)
- [2019 Youth Risk Behavior Surveillance](#)

Treatment Facilities:

- [Start Your Recovery](#)
- [Celebrate Recovery](#)
- [Arkansas Take Back](#)
- [Exodus Life](#)