







Use the acronym BE FAST to remember the signs of stroke and know what to do if someone near you is experiencing them.

B	E	F	A	S	T
Balance	Eyes	Face	Arms	Speech	Time
					
Does the person have a sudden loss of balance?	Has the person lost vision in one or both eyes?	Does the person's face look uneven?	Is one arm weak or numb?	Is the person's speech slurred? Does the person have trouble speaking or seem confused?	Call 9-1-1 now!

<https://www.dukehealth.org/blog/know-signs-of-stroke-be-fast>