

<u>Child Health Advisory Committee</u> Minutes April 25, 2024 · 9:00 a.m. – 10:00 a.m. · Zoom Only

Call to order: 9:00 a.m.

Zoom: Ashten Black, Shannon Borchert, Patrick Casey, Jerri Clark, Mitch Mathis, Cheria McDonald, Dave Oberembt, Nathan Morris, Carmel Perry, Elaine Prewitt, Camille Richoux, Ray Samaniego, Jennifer Wessel, Tammie Works **Absent:** Carole Garner, Lucas Harder, Gabriella Hicks, Josh Phelps, Paula Rawls, Bala Simon

Staff: Shanetta Agnew, Shy Whitley-Smith

Guests: Destiny Allison, Meggi Augustosky, Sarah Brisco, M.J. Burson, Amy Davidson, Pamela Hutchins, Taylor James, Lisa Mundy, Ariel Rogers, Rosemary Withers

Review of March minutes: S. Borchert moved to accept the minutes; J. Clark seconded. Motion passed.

Act 1220 & Coordinated School Health Reports: reports are unchanged from the March meeting. No motion was made to accept the (unchanged) reports.

Act 1220 Coordinator Report (Shanetta Agnew & Shy Whitley):

As of 2/13/24, 1,032 schools have submitted their health and wellness plans. 237 of those submissions are "fully" submitted in terms of being archived.

Coordinated School Health Advisor Report (Lisa Mundy & Ariel Rogers):

The AR Coordinated School Health meeting was held virtually on February 7, 2024. There were 136 participants in attendance. The following topics were covered:

- Arkansas Children's Hospital's Nutrition Center
- UAMS's Culinary Medicine Program
- When does HIPAA or FERPA apply for Student Privacy
- Asthma and Allergy: How Asthma Affects Arkansas and Protocols for Schools

A follow-up email with important links and notes was sent to participants. The next virtual meeting is scheduled for May 1, 2024, from 8:30 am-12 pm. The topic will be <u>pending info</u>.

The Statewide School Health Coalition met February 21.

105 school personnel representing 70 public schools, public charter schools, and private schools. 26 state agency personnel

1 future school nurse professional

4 presenters representing Arkansas Children's Hospital and the University of Arkansas for Medical Sciences

Discussions were held on the coalition's contributions to the 2024 School Health Conference and



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the September and November Coordinated School Health Meeting survey results. The coalition will reconvene on May 8, 2024.

Old Business

Recommendations for 2024: currently being formatted for presentation.

New Business

Jennifer Wessell, JD, MPH Senior Policy Analyst and Data Privacy Officer, presented on the "Assessment of Childhood Obesity in Arkansas: Year 20 and the BMI Dashboard"



CHAC_BMI YR 20.pptx

Areas of focus included:

- BMI Assessment
- BMI Calculation and Categorization
- Reasons Student's BMI Could Not Be Assessed
- Percentage of Arkansas Public School Students with a BMI Classification of Obese, by Grade
- Student BMI Classification for Arkansas Public School Students
- Trends in BMI Classifications for Arkansas Public School Students
- Student BMC Classification by Gender
- Percentage of Students with BMI Measurements Classified as Overweight or Obese by Grade
- Percentage of Students with BMI Measurements Classified as Overweight or Obese by Grade and Gender
- Percentage of Students with BMI Measurements Classified as Overweight or Obese by Race/Ethnicity
- Percentage of Students with BMI Measurements Classified as Overweight or Obese by Race/Ethnicity and Gender

S. Agnew mentioned that ADH School Health Services has worked with the ADH Communications to develop a drafted flier that can be disseminated amongst community partners to address the importance of the BMI, the problem, consequences, what ADH is doing, and making changes.

M. Mathis, inquired to J. Wessell, if ACHI has considered using FitnessGram as an alternative to



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BMI screenings due to the negative connotation. FitnessGram is a test used to measure a student's aerobic capacity. The PACER test score is combined in the FitnessGram software with scores for muscular strength, endurance, flexibility, and body composition. <u>PACER Test – FitnessGram powered</u> by GreenLight Fitness

J. Wessell, shared with the group that ACHI has obtained at least a decade of data through the BMI screenings they would encourage to utilize.

J. Clark mentioned the FitnessGram does collect BMI data within its database platform so data would be misplaced/discontinued.

S. Borchert asked if there was any linking of data specifically for older grade levels (6th-12th) and limited access to physical activity. J. Wessell, didn't think there were any numbers on this, but would research and follow up.

Member & Non-Member Updates/Announcements

No updates or announcements were shared during the April meeting.

FY25 CHAC Committee Breakout Sessions were conducted for 30-40 minutes for the following groups:

- Nutrition Environment & Services
- Family Engagement
- Health Services

Adjourn: 10:00 am.

Join Zoom Meeting:

https://us02web.zoom.us/j/83582295337?pwd=Uk1JZGxSUndqYS9YeTF4TXNHdXJVQT09

Meeting ID: 835 8229 5337 Passcode: 92VRxy

One tap mobile: +1 646 931 3860 US, +1 301 715 8592 US (Washington DC)

Next Meeting: Thursday, May 9, 2024, from 9:00 – 10:00 am.

State Board of Health meetings are held quarterly on the 4th Thursday of each month. Next meeting is July 25, 2024.