

**CHILD HEALTH ADVISORY COMMITTEE  
MEETING MINUTES**

October 11, 2007

Attendees: Committee Members  
Kathy McFetridge, Jan Richter, Carole Garner, Rosemary Rodibaugh, Chris Patterson, Paula Smith, Charlotte Davis, Joe Don Parris, Steve Strode, Richard Nugent, Suzanne McCarthy, Karen Young, Barbara Kumpe, Tyrone Harris, Diane Vibakhar

Absentees: Hollie Huckabee, Dee Cox, Rhonda Sanders

Staff: JoAnn Bolick, Pamela Henry

Next Meeting: November 8, 2007

Kathy McFetridge called the meeting to order. Introductions of all attendees were made. Minutes of the September 13, 2007 meeting were approved as read with the following changes made: *Committee member Joe Don Parris name was incorrectly listed as an absentee, two grammar errors were corrected ,the Coordinated School Health website should have been listed as [www.arkansascsch.org](http://www.arkansascsch.org) and Jared Cleveland name was spelled out.* The revised minutes were sent to the committee October 15, 2007.

General Business-Kathy McFetridge stated that Barbara Kumpe would be appointed to the Child Health Advisory Committee to represent the Arkansas Heart Association. We are still awaiting appointment of a classroom teacher representative from the Arkansas Department of Education. Dr. Steve Strode briefly spoke to the committee regarding extending an invitation to Dr. Robert Hopkins Jr., Internal Medicine/Pediatrics Faculty member at UAMS, to give a presentation at the November meeting on the recently issued clinical guidelines for childhood overweight and obesity.

Elaine Felsman, Dollarway School District and Kim Hooks, CHNS presented a power point presentation on the Coordinated School Health Program at Dollarway. The focus was on infrastructure building and health promotion for staff. Elaine explained that the focus on staff has improved their health status through health assessments, health education and health-related fitness activities. A handout of this presentation was provided to the Committee members and the public in attendance.

Staff Update- JoAnn Bolick stated that according to Becky Adams, the Children in Schools position is currently in the hiring phase. This position is one of the Act 1220 positions. JoAnn Bolick and Kathy McFetridge exhibited for the Child Health Advisory Committee at the Winning Against Childhood Obesity Conference, October 1, 2007.

Educational Department Update-Paula Smith stated that Dee Cox, Wanda Shockey, Dr. Knight, Laura McDowell, and Mr. Newton were in Philadelphia attending the National School Board Association Conference. Paula stated that Arkansas was one of fourteen states that was extended and invitation to attend because of the Coordinated School Health initiative within the state.

Child Nutrition Update-No update.

Hometown Health Update-Cheryl Lindly reiterated the information that Paula Smith shared with the committee members regarding the Train the Trainer Session on BMI and the subsequent BMI Trainings for the school nurses.

Coordinated School Health Program Update-Tamara Baker stated that Dawn Zekis has been added to the CSHP Core Team.

Act 1220 Coordinator Update-Paula Smith stated that the BMI Training manuals were provided at the Train the Trainer Session. This training involved all the CHNS and twenty-seven school nurses were invited. Paula stated that the training that was provided to the nurses in attendance certified them to train others within their school district. Paula stated that they are currently piloting entering BMI data in CSHP sites.

Revised Nutrition and Physical Activity Standards – Debbie Woods provided an update on the changes made in the Revised Nutrition and Physical Activity Standards. The Revised Standards were provided as a handout to the Committee and the public in attendance.

Future: Next Step Discussion – Kathy McFetridge emailed each committee member a copy of an outline of Act 719 that included the amended duties and powers for the Child Health Advisory Committee and Recommendations for Future Consideration. The following information was discussed among the Child Health Advisory Committee:

- 1) Higher Education involvement
- 2) The disconnect between Pre-K and K-6
- 3) Flexible options of menu for free and reduced lunches
- 4) After-school programs
- 5) Statewide obesity plan
- 6) Identify high risk children for care coordination help
- 7) EPSDT Care Management (Referral of High Risk)

Dr. Karen Young provided a handout of her recommendations for consideration to the Committee.

Dr. Ronald F. (Arlo) Kahn, MD, UAMS Colleges of Medicine and Public Health, presented a power point presentation entitled, Arkansas Vs Obesity: Who's on First? The objectives were:

- 1) Summarize recent obesity-fighting activities
- 2) Highlight areas of strength and weakness in the state's efforts

3) Suggest ways to improve state's effectiveness in controlling obesity.  
The committee members were provided a handout of the presentation.

Kathryn McFetridge asked for public comment.

Becky Adams announced the Obesity Planning Meeting scheduled for November 31<sup>st</sup>.

The meeting was adjourned at 2:10p.m.