

**CHILD HEALTH ADVISORY COMMITTEE  
MEETING MINUTES**

October 09, 2008

- Attendees: Committee Members  
Kathy McFetridge, Elton Cleveland, Barbara Kumpe, Delores Sutterfield (sitting in for Charlotte Davis) Chris Patterson, Richard Nugent, Elisabeth Burak, Dee Cox, Joe Don Parris, Jada Walker, Carole Garner, Karen Young, Diane Vibhakar, Margaret Harris .
- Absentees: Tyrone Harris, Hollie Huckabee, Sherry Ratliff, Charlotte Davis, Patsy Smith, Michelle Justus, Paula Smith.
- Staff: Joy Rockenbach, JoAnn Bolick, Pamela Henry
- Next Meeting: November 13, 2008

Kathy McFetridge called the meeting to order. Welcome and introductions were made by the committee and the audience. Minutes of the September 11, 2008 meeting were approved as read with the following corrections: *Tamara Baker (sitting in for Dee Cox), Team Nutrition Grant, Recommendations – 225 minutes secondary.*

**Guiding Principles Discussion – Joy Rockenbach**

Joy Rockenbach facilitated the Guiding Principle discussion with the Child Health Advisory Committee. (See Attachment for notes from the discussion. The Guiding Principles will be discussed and finalized at the November 8, 2008 CHAC meeting)

**Reports:**

Educational Department Update- Dee Cox stated that she traveled to Kentucky’s Family Resource and Youth Services Centers in Louisville. Dee provided a copy of the Southern Regional Education Board (SREB) review of some of the states family resource centers. Dee stated that Coordinated School Health will set up a table at the Governor’s Education and Economic Development summit. Dee stated that the Leadership Training within the state is one of their accountability components. Dee attended Family Night at Hall High School for their English Language Learning (ELL) population. The discussion focused on how could they keep their children in school to graduate in order to obtain better employment as opposed to them (the parent). Dee stated there were approximately 100 people in attendance.

Staff Update – Jo Ann Bolick informed the Committee that seven members’ terms will expire July 31, 2009. The seven members are: Dee Cox, Charlotte Davis, Carole Garner, Richard Nugent, Hollie Huckabee, Joe Don Parris, and Paula Smith.

Health Department Update- Dr. Nugent stated that the Health Department has prepared and presented to the Governor their overall strategic map. Dr. Nugent stated that Dr. Halverson wants to improve core public health services. The major health issues

includes: building a trauma system in the state, reducing infant mortality and teen pregnancy, oral health, physical activity, and health literacy.

Child Nutrition Unit Update – Sheila Brown stated that twenty-six applications to apply for the Fresh Fruit and Vegetable Grant have been received. Sheila stated that \$96,000.00 is available to be disbursed to some schools.

Coordinated School Health Program Update- Laura McDowell stated that the Health & Wellness Workshop will be held October 27 – 28<sup>th</sup>. A Commissioners Memo had been sent out to all school districts that are not funded with Coordinated School Health money. The first twenty-five schools who apply will be able to attend and will be eligible to write for grants for anything that has to do with physical activity, nutrition, tobacco prevention, HIV education, and teen pregnancy prevention education. Laura stated that Coordinated School Health attended the Grand Opening of the Cabot School Walking Trail. Tamara Baker stated that the Coordinated School Health Coordinator’s meeting will be held October 23, 2008.

Hometown Health Update- Nancy Green stated that the CHPS and CHNS have been busy with workshops and conducting health screenings. Nancy Marsh, from the Northwest Region helped with the Madison County Hometown Health Coalition – Teen Summit in Springdale. Nancy Green stated that interviews for the CHPS position in Northeast will be conducted soon. Sarah Briscoe, Northwest CHPS attended a conference in Chicago, Illinois entitled “Healthy Foods Healthy Moods” on October 2-3. This Conference focused on delivering the childhood obesity prevention message to schools and communities.

Act 1220 Coordinator Update- Joy Rockenbach stated that she will be reviewing the data entry process next week online. Joy stated that she has been working with the CHPS and CHNS on Video conference Training.

No Public Comment

The meeting was adjourned at 2:00p.m.

## Guiding Principles Discussion

### Ground Rules:

Cell phones on vibrate  
No sidebar conversations  
Respect other's opinions  
One person speaks at a time  
Commit to the discussion  
Big Picture  
Have a "Parking Lot"

### Target Audience

- CHAC
- Legislators
- Constituents (Peers)
- Child Advocates
- General Public
- Partner organizations

Focus for Guiding Principles: Children in Pre-K through 12<sup>th</sup> grade in public schools

### Overarching

- Children thrive when their family, school, and community are healthy, safe, and secure.

Note: This was approved by unanimous Committee vote.

### Health Education

- All children need pre-K through 12<sup>th</sup> grade standards-based, skills-based health education.

Note: This was approved by unanimous Committee vote.

### Health Services

- All children need quality well and sick child health services available on campus or where child is best served.

Note: This was approved by unanimous Committee vote.

### Nutrition Services

- All children need nutritious, affordable, and appealing meals served in an environment that promotes healthy eating behaviors. Children also need standards-based nutrition education.

Note: This was approved by unanimous Committee vote.

### Physical Education and Physical Activity

- All children need comprehensive pre-K through 12<sup>th</sup> grade quality, standards-based physical education by a licensed professional that promotes lifelong physical activity.

Note: There was not a quorum at the time of this discussion. The Committee members reached consensus and will finalize at the November meeting.

#### Counseling, Psychological, and Social Services

- All children and families need access to quality services and programs on campus or where child is best served that address cognitive, emotional, behavioral, and social needs.

Note: There was not a quorum at the time of this discussion. The Committee members reached consensus and will finalize at the November meeting.

#### Healthy School Environment

- All children need an aesthetically pleasing school that provides a safe, healthy, and supportive environment that fosters learning.

Note: There was not a quorum at the time of this discussion. The Committee members reached consensus and will finalize at the November meeting.

#### Staff Wellness

- All children need a faculty and staff who model healthy behaviors.

Note: There was not a quorum at the time of this discussion. The Committee members reached consensus and will finalize at the November meeting.

#### Family and Community Involvement

- All children are more likely to succeed when families, schools, and communities work in partnership.

Note: There was not a quorum at the time of this discussion. The Committee members reached consensus and will finalize at the November meeting.