

CHILD HEALTH ADVISORY COMMITTEE
MEETING MINUTES (Amended)
September 11, 2008

- Attendees: Committee Members
Kathy McFetridge, Margaret Harris, Joe Don Parris, Tyrone Harris, Patsy Smith, Elton Cleveland, Tamara Baker (sitting in for Dee Cox) Chris Patterson, Michelle Justus, Diane Vibhakar, Paula Smith, Charlotte Davis, Elisabeth Burak, Karen Young, Barbara Kumpe, Hollie Huckabee.
- Absentees: Dee Cox, Sherry Ratliff, Richard Nugent, Jada Walker, Carole Garner
- Staff: JoAnn Bolick, Joy Rockenbach, Pamela Henry
- Next Meeting: October 09, 2008

Kathy McFetridge called the meeting to order. Minutes of the August 14, 2008 meeting were approved as read with the following corrections: *Elton Cleveland (sitting in for Steve Strobe) Sherry Ratliff - absent*. Amended minutes of the July 10, 2008 meeting were approved as read.

Elisabeth Burak, Arkansas Advocates for Children & Families, gave a presentation on “Fit Not Fat”. Ms. Burak’s presentation focused on helping Arkansas children eat healthy and move more. A copy of the power point was provided to the Committee members.

Reports:

Staff Update – JoAnn stated that now the Committee has all twenty members- Reappointments and appointments have been completed . JoAnn stated that that the location for the October 9th meeting will be held at the Arkansas Department of Health Lab Training Room, 4815 West Markham Street. JoAnn asked Committee members to make any necessary revisions to the CHAC roster and reminded everyone to sign the attendance roster at each meeting.

Educational Department Update- Tamara Baker provided the following report from Dee Cox: The Vision Report will be given to the Legislative Committee on September 18, 2008. Dee Cox will be visiting the Kentucky Family Resource Center/Coordinated School Health to see if Arkansas can replicate their law and funding. Tamara Baker stated that she Dee Cox would like to present a proposal to Child Health Advisory Committee in October. Ms. Baker stated that Dee Cox wanted the committee to know that work is continuing on the student health report.

Child Nutrition Unit Update – Sheila Brown stated that the second round of school selection has begun for the Fresh Fruit & Vegetable Grant. The deadline has been extended to September 26, 2008. Sheila stated applications can be accessed from the following website: enn.k12.ar.us, for schools that are interested. Sheila stated that the Team Nutrition Grant was awarded the week of September 8th -12th.

Coordinated School Health Program Update- Tamara Baker stated that the Coordinated School Health Action Team Meeting will be held September 23, 2008, from 11-1 at the American Cancer Society, 901 North University Avenue. Tamara stated that the 5 Year Strategic Planning for CDC is complete. Tamara stated that the next application for schools to apply to be a Coordinated Health School should be out during mid to late October.

Hometown Health Update- Cheryl Lindly stated that Health Screening Trainings are taking place. Thirty new school nurses in the southwest area were trained on vision and hearing. Cheryl stated that following projects are ongoing: the Teen Summit in northwest Arkansas and the Ameri- Corps school health volunteer project which has 132 new participants. Cheryl stated that out of the 132, the following six school districts are participating: Monticello Elementary School, Drew Central Elementary School, Rison Elementary School (Cleveland School District), Anderson Elementary (Crossett School District), Brunson Elementary School (Warren School District), and Noble Elementary School (Hamburg School District).

Act 1220 Coordinator Update- Joy Rockenbach stated that the analysis on the 2007-2008 BMI data is in process, and it should be available this month. Joy stated that all school and district reports are up on the ACHI website, and schools are currently accessing those for their ACSIP Plans. Joy stated that work is in progress for a new look for the data entry system so that it is easier to navigate. Joy stated that statewide training will be available prior to the beginning of the calendar year on the system to refresh the individuals that are currently using the system. Nurses will be required to re-register to help with security and confidentiality of the site.

No Child Left Inside – Lucy Moreland, Chief of Education and Outreach for Arkansas Game & Fish Commission- Lucy Moreland spoke to the Committee about the Arkansas Game & Fish Commission partnership with Coordinated School Health on the “No Child Left Inside” program. Lucy stated that additional information about the programs that are offered is available by accessing the following site: www.agfc.com , click on the education section: available programs are listed, scholarships and other information.

Future Direction Discussion- Chairman, Kathy McFetridge discussed the progress of the Committee’s Possible Recommendations. Kathy stated that the Committee is currently at a good point to finish the recommendations to bring to the State Board of Education. Kathy suggested putting together a short term work group who would develop a position statement to be prepared for the Legislative Session. Also, the Committee will need to consider how to be prepared for the session, have a spokesperson ready to present policy statements, and then to look at long term work plans. Joy Rockenbach has agreed to

facilitate a small committee workgroup to develop draft policy statements and a work plan that will be presented to the CHAC at the October meeting. The committee workgroup will consist of: Joy Rockenbach, Kathy McFetridge, Carole Garner, Barbara Kumpe, Elisabeth Burak, Dianne Vibakhar, Patsy Smith, and Michelle Justus.

Reports from Sub-Committees

Physical Activity- Karen Young, Chairman

Physical Activity Report:

- A. Proposed to have talking points ready
- B. Long Term Work Plan for CHAC:
 1. Ultimately wants to return to the long term goal of physical activity (back to the National Recommendations- 150minutes-elementary and 225 minutes-secondary)
 2. Support the Social Marketing Campaign
 3. Look at the Rules of the Department of Education that might be changed by recommendation of the Child Health Advisory Committee

Nutrition – Charlotte Davis, Chairman

We are investigating the following topics to consider for future recommendations:

- 1) More restrictive Nutrition guidelines for Pre-K and licensed day care as well as for after-school programs (Elisabeth Burak to gather more information about actual current requirements/regulations so we know where to start)
- 2) Restriction of the amount of caffeine in a la carte beverages (for the purposes of the “Allowable Foods and Portion Sizes” chart revised annually for ADE Child Nutrition). Margaret Harris was assigned this topic and reported today that currently FDA recommends 100-200 mg caffeine for ADULTS, but no specific guidance for children. She plans to research this topic more before we make a specific recommendation.
- 3) Possible limit/restriction of non-nutritive/artificial sweeteners (e.g. Aspartame, saccharin, sucralose) in schools. Committee to gather research/evidence in the area of specific effects on children.
- 4) Effect of food company advertisement or “branding” on children (i.e. consider restriction of this in schools). Carole Garner to investigate evidence-based research for this topic (absent today).
- 5) Promote use of locally-grown produce in schools-- a win-win situation for Child Nutrition Programs AND communities (awaiting USDA guidance on new clause in Farm Bill that already addresses this before making recommendations).
- 6) Use of only non-food (or “healthy” food) fund-raisers for schools.
- 7) Attempt to get kitchen equipment assessment/funding included in school Facility Assessment conducted by ADE. This would allow many more schools to get help with acquiring new steamers, ovens, and refrigerated/frozen storage that facilitate preparation of healthier meals. Charlotte Davis reported that she talked with Mr. Tony Wood (Searcy Superintendent) to find out where to start in getting this addressed. He said to begin by contacting Doug Eaton (ADE administrator for

Facilities and Transportation) to try to get an audience with the 3-member “Facilities Commission” which meets quarterly. This committee consists of Dr. Ken James (Commissioner of Education), Richard Wise (Director of the Department of Finance and Administration), and a “banking” representative (he could not remember who this person was). We could present our case to them and try to get them to include this when they work with the Education Committees in the House and Senate in the 2009 Legislative session.

No Public Comment

The meeting was adjourned at 2:00p.m.