

CHILD HEALTH ADVISORY COMMITTEE

MEETING MINUTES

August 11, 2005

Attendees: Committee Members
Marilou Brodie, Charlotte Davis, Martha Hiett,
Ray Samaniego (for Kathy McFetridge), Jan Richter,
Joy Rockenbach (for Suzanne McCarthy), Rosemary Rodibaugh,
Rhonda Sanders, Steve Strode

Staff
Mary Gaither, Ann Thompson

Absentees: Sue Chambers, Bobbie Davis, Blair Dean, James Fasules,
Kathy McFetridge, Suzanne McCarthy

Next Meeting: Thursday, September 8, 2005, 10:00 a.m.
Room 906 Freeway Medical Building
5800 W. 10th St., Street, Little Rock

Vice-Chair Rhonda Sanders called the meeting to order. Minutes of the July 14, 2005, meeting were approved. Re-appointments were announced for Suzanne McCarthy, Kathy McFetridge, and Rosemary Rodibaugh. Appointment of Dr. Steve Strode was announced. Dr. Strode replaced Dr. Connie Meeks who resigned from the Committee. A motion was approved to elect Rhonda Sanders Chair for a one-year term to expire July 31, 2006. The Committee will select a Vice-Chair at the September 8, 2005 meeting.

The Committee discussed and expressed their excitement over their Recommendations (with revisions) being adopted by the Board of Education.

Dr. Joe Thompson, Chief Health Officer, Division of Health, updated the Committee on BMI. There was discussion surrounding the successes of the Committee and the Arkansas Center for Health Improvement, regarding BMI and plans for future evaluation and implementation.

There was discussion regarding communication and lines of reporting between from the Community Health Promotion Specialists (CHPS) and the Community Health Nurses (CHNS) to the school nurses. Martha Hiett reported that the Coordinated School Health person and the Department of Education person who replaces Susanne Tullos would be a good team to strengthen lines of communication between the CHPS and CHNS and the Child Health Advisory Committee.

Martha Hiett reported that the Nutrition and Physical Activity Conference held in Hot Springs, August 4th and 5th was a success. She said the Child Health Advisory Committee exhibit, highlighting selected schools in the five regions received compliments from participants.

It was agreed that the Chair would send a letter to the Governor, on behalf of the Committee, expressing appreciation for his support of the Child Health Advisory Committee Recommendations to the Board of Recommendations.

There was a suggestion and discussion that the College of Public Health consider holding four regional conferences on Implementing School-Based Environmental and Policy Changes to Reduce Childhood

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Obesity, such as the 1st Annual Conference being planned for October 3, 2005. Mary Gaither is representing the Division of Health and advised that she would take the suggestion back to the College of Public Health at the next planning meeting.

Joy Rockenback advised that AETN will be utilizing various people around the state to share successes of the local Nutrition and Physical Activity Committees and they have invited ACHI to facilitate the day. A tentative date for the event has been set for October 26, 2005.

Martha Hiatt reported that there is a Coordinated School Health grant to the Department of Education from CDC. She said the grant requires a lead position at the Department of Education and a lead position at the Division of Health. She said paperwork had been completed for the position at the Division of Health. She said there would be a planning meeting the second week of September in Minneapolis, Minnesota, and that Laura McDowell and Kathleen Countney would represent the Department of Education at the meeting and Carladder Parham and Mary Gaither would represent the Division of Health.

Martha explained the new Division of Health organization and its four centers with an Associate Director for Maintenance and Operations and an Associate Director of Science for each.

Andi Ridgway gave a HHI report. She said there were approximately 700 attendees at the Nutrition and Physical Activity conference. She reported that the second quarter report for Healthy Arkansas included the School Health Index completions. Andi advised that Steve Barnes is doing an article on Childhood Obesity for People Magazine and asked for ideas to pass on to Steve.

Joy Rockenback gave a BMI report. She said ACHI is in the third year of the BMI process and that the process from last year would continue this year. She said the assessment forms will go on ACHI's website in September and at the same time they will have student information labels for nurses so they can submit their information by December.

Rhonda Sanders reminded the Committee that they should now begin re-evaluation and monitoring of the Recommendations so that new and revised Recommendations could be developed and it was agreed that time would be spent at the September meeting discussing next steps in this process.

There was discussion regarding minor discrepancies in Table 1 of the Recommendations and the Rules and Regulations approved by the Department of Education. The Committee approved a motion to change Table 1 of the Recommendations to be consistent with the Rules and Regulations. The changes are as follow:

- Strike Elementary from the title
- Change Low-fat to Lower-fat milk
- Change 16 oz. to 12 oz on Lower-fat milk
- Add unsweetened to Water-non-carbonated, unflavored

Rhonda advised that she would send the official changes to Bobbie Davis at the Department of Education.

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There was discussion regarding lack of time in the school day for the physical activity time required in the Department of Education Rules and Regulations.

Martha Hiatt reminded the Committee, and discussion followed, that wording to include the Local Nutrition and Physical Activity Advisory Committees is not in the Department of Education Rules and Regulations.

There was discussion of the Arkansas Soft Drink Association's "Key to Per Capita Consumption Master", used at the Legislative Public Health Committee meeting.

There was discussion regarding resources for physical activity/education representation on the Committee, and the use of Child Health Advisory Committee funding for focus groups throughout the state and for presentations to the Committee.

The Committee agreed to request information from the Department of Education as to what they are using for training so that the same training could be used for the CHPS, CHNS, NPAACS, and the Child Health Advisory Committee. Rhonda agreed to contact Bobbie Davis and request the information.

The meeting adjourned at 1:45 p.m.