

**CHILD HEALTH ADVISORY COMMITTEE  
MEETING MINUTES**

March 13, 2008

- Attendees: Committee Members  
Kathy McFetridge, Christine Patterson, Patsy Smith, Charlotte Davis, Amy McClelland (sitting in for Rosemary Rodibaugh), Rhonda Sanders, Steve Strode, Barbara Kumpe, Richard Nugent, Carole Garner, Sherry Ratliff, Deane Peck (sitting in for Karen Young), Michelle Justus, Jada Walker, Hollie Huckabee.
- Absentees: Karen Young, Diane Vibhakar, Paula Smith, Dee Cox, Joe Don Parris, Rosemary Rodibaugh, Patsy Smith, Tyrone Harris.
- Staff: JoAnn Bolick, Pamela Henry
- Next Meeting: April 10, 2008

Kathy McFetridge called the meeting to order. Introductions of all attendees were made. Minutes of the February 14, 2008 meeting were approved as read.

General Business – Carole Garner was voted to serve as Vice-Chairman of the Child Health Advisory Committee. Rhonda Sanders made the motion and Christine Patterson second with a unanimous vote from the Committee members to approve.

Bylaws – Dr. Richard Nugent made a motion to approve the Child Health Advisory Committee Bylaws, Barbara Kumpe second and the committee voted unanimously to approve.

Mary Miller, Springdale School District CSH Grant Coordinator, gave a presentation on “*PE 4 LIFE* “. Ms. Miller stated that *PE 4 Life* was founded in January, 2000. This is a national nonprofit advocacy organization committed to inspiring active healthy lifestyles in children through quality health related school physical education programs. Ms. Miller stated that two Springdale Schools have Care Grants with the Northwest Arkansas Community Foundation to introduce the *PE 4 Life* philosophy and to implement fitness programs: Hellstern (2006-2007) and JO Kelly (2007-2008) Middles Schools. A copy of the power point presentation was provided to the Committee members.

Sandy Wright, “Chewy Café” Children’s Cooking Program – Sandy Wright gave a presentation to the Committee on the “Chewy Café”. Sandy stated that the Chewy Cafe’ is an innovative, multi-dimensional nutrition/cooking program created for 11 to 15 year old young people. It is designed to educate and entertain, engage and energize kids for healthy decision-making. A handout of the “Chewy Cafe’” was provided to the Committee members.

SY 2007-08 Maximum Portion Size List – Carole Garner and Charlotte Davis led discussion with the Committee regarding the Maximum Portion Size List. A copy of this information was provided to each Committee member. Rhonda Sanders made a motion to adopt the chart as given with the removal of *chips (regular) 1.25 ounces portion size*, Dr. Strode second and the Committee voted unanimously.

Staff Update – JoAnn Bolick introduced Jada Walker, College of Public Health and Michelle Justus, Arkansas Center for Health Improvement as official Committee members. JoAnn reminded Committee members to sign in at every meeting.

Child Nutrition Unit Update- Sheila Brown stated that the food expenses are on the increase. Sheila stated that USDA has money in Arkansas for 25 schools to receive additional funds for the fresh fruits and vegetables.

Act 1220 Coordinator Update-Joy Rockenbach stated that Michelle Justus will report on the recent BMI reporting. Michelle Justus stated that as of March 7<sup>th</sup>, 64% of schools have started entering and 66% of the students have something entered whether it be the actual BMI or unable to access. Joy stated that the data entered is significantly higher than where they would typically be at this time of the year.

Coordinated School Health Program Update- Debbye Woods reported on the following items:

- \*The 801 Grant award notification was received February 25<sup>th</sup> for five years.
  - \*Data for 06/07 school year has been entered into an excel worksheet and the data team will review and discuss.
  - \*Two of the primary focus areas to address with the new grant cycle over the next five years: a) Develop/implement social marketing plan b) Address health and education disparities
  - \*Announcements: June 24-26<sup>th</sup> 2008 Health Conference: “Building for Success: Identifying the Tools” registration is available on the website; [www.arkansascsch.org](http://www.arkansascsch.org)
- Coordinated School Health is engaged in a comprehensive program inventory for the next month.

Coordinated School Health will have a booth at APHA in Hot Springs in May. Tamara Baker and Sandra Fleming will be have information available regarding how schools work to prepare for crisis and how public health workers help.

Coordinated School Health is coordinating with Tobacco Prevention and Cessation Program for the next ADH/CSH grant opportunity.

Debbye reported on the Physical Activity Nutrition and Tobacco Conference (PANT) held in Ferndale. This conference was opened to schools that were not CSH sites in order to give other schools the opportunity to get some start up money to promote some activity in their school pertaining to physical activity, nutrition and tobacco. Debbye stated that the idea behind the PANT Conference was the fact that “it takes a team to do work”.

Child Health Screens Interim Study Update- Rhonda Sanders stated that information is currently being forwarded to Jada Walker to compile.

Health Department, Center for Health Advancement Report - Dr. Jennifer Dillaha gave an overview of the Health Department-Center for Health Advancement. Dr. Dillaha stated that the Center for Health Advancement focus on health promotion. The Center for Health Advancement consists of six branches: Tobacco Prevention & Cessation, Nutrition/WIC, Chronic Disease, Family Health, Lifestage Health, and Oral Health Dr. Dillaha stated that shifts in focus that Center for Health Advancement are along two lines. The first revolves around the Life Stage Health Branch, designed to provide technical assistance and consultation to partners – external and internal. This is designed to promote the health of people in three groups: children and schools, adults and worksite settings, and older adults in the community. Dr. Dillaha discussed network management – pulling people together to address an issue and that this requires new skills. The second focus is around Health Literacy. Dr. Dillaha stated the need to increase awareness on Health Literacy in order for people to make health related decisions. An example includes the ability to read nutrition labels.

Brainstorming Session /Discussion of Possible Recommendations - Committee Input  
Dr. Strode agreed to find a physician from the UAMS Department of Pediatrics to speak at the April meeting on Physical Assessment. Kathy McFetridge suggested that Dr. Young could make a presentation to the Committee on Recommendations for Risk Factors for Sports Participation at the May meeting. Kathy McFetridge asked Hollie Huckabee to bring a fitness gram to share with the Committee for April meeting.

Kathy McFetridge asked for public comment.

The meeting was adjourned at 2:00p.m.